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Informed Consent for Pediatric Patients

Date: _____

Dear Parent/Guardian of _____

As biological dentists, we believe that the body will heal given the right conditions. Of course, that does not mean that we will not intervene. However, it does mean that we will do a form of triage of conditions and choose where it is vital to perform treatment and when we can adopt a wait and see stance to see if progression is rapid.

Critical to treatment in this manner, is a discussion of lifestyle that may entail dramatic changes on the child's part to allow healing to take place. So much of healing involves taking away the roadblocks to healing. Diet is critical, depending on a child's condition, recommendations will be made. Under no circumstance, though, is it appropriate for children, or adults for that matter, to be regularly consuming processed foods that contain high amounts of sugar. Beef and chicken should be free range and grass-fed. We discourage the consumption of genetically modified foods and encourage organic vegetables as well as fruits. Water should be from a good source and not be packaged in plastic and cookware should be non-toxic.

Other lifestyle changes may also be warranted, breathing through the nose is vital to good health, good sleep, and limited exposure to electromagnetic radiation.

Examination may reveal many areas of early tooth decay marked by brown or black stains on the teeth. As we are trying to be as conservative as possible, we may watch and recommend treatment with remineralizing oils or MI paste. When the damage to the teeth is so far gone that we have to excavate the tooth to clean decay, we may fill with interim materials such as zinc oxide or calcium silicate. If we can, we may use an organically modified ceramic to fill a decayed tooth. We will not restrain children nor sedate them, so if this is necessary we will refer to a pediatric specialist.

Sometimes situations change rather quickly and dramatically and a previous plan may be altered to accommodate the new circumstances, so one must remain flexible and watchful.

Signed: _____ Parent/guardian

Witness: _____ Date _____